

प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

नेपाल स्वास्थ्य सेवा, प्याथोलोजी समूह, माइक्रोबायोलोजी (ब्याक्ट्रोलोजी) उपसमूह, नवौं (९)
तहको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

Paper II: Technical Subject

1. General Microbiology:

- 1.1 History and development of microbiology, Eukaryotes & prokaryotes, microbial world, Determinative characteristics of medically important bacteria, viruses, fungi and protozoan parasites microbial growth
- 1.2 Prokaryotic genome, Genetic code, Plasmids, Concepts of Bacterial and Viral genetics and role of RNA & DNA, DNA structure and function, RNA types and function, Bacterial recombination i.e. transformation, conjugation & transduction
- 1.3 Nosocomial infections: Epidemiology, bacterial and viral infections, infections in paediatric patients, surveillance and control programmes, organizations and associations involved, role of microbiology lab in prevention and control, devices associated intravascular infections and its control, device associated intravascular infections and its control, sterilization, disinfections and antisepsis in hospitals
- 1.4 Different of instruments used in microbiology and their working principle
- 1.5 Different types of microscopes in microbiology
- 1.6 Sterilization, disinfection and antiseptics, different ways of sterilization by physical, chemical, radiation and filtration and its applications, relationship between disinfectants and antiseptics, disinfection rate of microorganisms
- 1.7 Different routine and special stains, their working principle and Staining techniques in microbiology
- 1.8 Hospitals and Laboratory infection and their diagnosis
- 1.9 Infectious waste management
- 1.10 Techniques of cultivation, isolation and preservation of various microorganisms, culture collection
- 1.11 Microscopy, culture sensitivity, serological and molecular methods for identification of various microorganisms
- 1.12 Automated methods used in microbiology
- 1.13 Water culture for coliform organisms
- 1.14 Air sampling for organism isolation
- 1.15 Ethics in research of microbiology
- 1.16 Measurement of microbial grow : Direct Method – Standard plate count, filtration
Indirect Method – Turbidity, Metabolic activity

2. Bacteriology:

General characteristics, pathogenesis and medical importance of bacteria:

- 2.1 Aerobic/microaerophilic gram negative rods and cocci: Campylobacter, Helicobacter, Acetobacter, Brucella, Legionella, Neisseria, Branhamella, Kingella, Moraxella, Acinetobacter, Comomonas, Alcaligenes, Bordetella, Pseudomonas, Francisella
- 2.2 Facultative anaerobic gram negative rods: Providencia, Salmonella, Shigella, Yersinia, Gardenella, Vibrio, Pleisomonas, Aeromonas, Escherichia coli, Citrobacter, Hafnia, Morganella, Enterobacter, Klebsiella, Proteus, Serratia, Pasteurella, Hemophilus
- 2.3 Gram negative anaerobic rods and cocci: Bacteroides, Veillonella
- 2.4 Gram positive cocci: Micrococcus, Staphylococcus, Streptococcus, Peptococcus,

प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

नेपाल स्वास्थ्य सेवा, प्याथोलोजी समूह, माइक्रोबायोलोजी (ब्याक्ट्रोलोजी) उपसमूह, नवौं (९)

तहको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

Peptostreptococcus

2.5 Gram positive endospore forming rods and cocci: Bacillus, Clostridium

2.6 Gram positive non sporing rods: Lactobacillus, Listeria

2.7 Actinomycetes and related bacteria: Actinomyces, Nocardia Mycobacterium, Corynebacterium, Mycoplasma

2.8 Spirochetes: Leptospira, Treponema, Borrelia

2.9 Rickettsias: Coxiella, Rickettsia, Chlamydia

2.10 Isolation and Enumeration techniques

2.11 Identification based on morphological, cultural and biochemical properties

2.12 Bacteria, isolation, detection and identification using rapid and automated methods

2.13 Principle, procedure and applications of Serological and immunological Methods: Agglutination and Precipitation tests, Immuno staining and Immunofluorescence test, ELISA, Radioimmunoassay (RIA) and Immunoelectrophoresis

2.14 Principle, Procedure and application of Bio typing, Sero typing, Phage typing

2.15 Principle, Procedure and application of Molecular typing methods :DNA extraction & agar gel electrophoresis, PCR, Gene Sequencing techniques, Ribotyping, pulse field gel electrophoresis

2.16 Antimicrobial Susceptibility Testing: Kirby Bauer disc diffusion method, MIC determination, ESBL testing

2.17 Diagnostic bacteriology experiments:

2.17.1 Methods of collection, processing and culture of Stool, Sputum, Blood, Urine, Throat /Nasal swab, Vaginal swabs, Pus, body fluids and diagnosis of bacterial infections, automation in bacteriology, recent advances in microbiology

2.17.2 Processing of clinical samples and diagnosis of: Respiratory Tract Infection; Urinary Tract Infection; Gastrointestinal Tract Infection Cholera and other diarrheal diseases, food poisoning; Genital Tract Infections-Bacterial Vaginosis, Pelvic Inflammatory Disease (PID); Sexually Transmitted Infections- Gonorrhoea, Syphilis, Chlamydial Infection; Eye infection; Ear infections; Oral infections-Mandibular abscess, Gingivitis and Anaerobic Infections of Oral Cavity; Gas Gangrene; Peptic Ulcer; Tuberculosis; Leprosy; Enteric fever; Bacteremia; Septicemia, Bacterial Endocarditis; Meningitis

3. Virology :

3.1 General structure, properties, classification schemes of virus, Virus related proteins (Viroids, Prions), virus cell interactions and viral replication

3.2 Classification, structure, medical importance, pathogenesis and laboratory diagnosis, prevention and control of: Poxviruses, Herpes viruses, Adenoviruses, Picorna virus, Orthomyxovirus, Paramyxovirus, Arbovirus, Rhabdo viruses, Hepatitis virus, Retroviruses (HIV, HTLV), New emerging viruses, Vaccines, Antiviral drugs

3.3 Principles of bio-safety and requirements of virology laboratory

3.4 Methods of cultivation and purification of viruses

3.5 Principle, procedure and applications of serodiagnostic methods in virology haemagglutination and haemagglutination-inhibition tests, Complement fixation,

प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

नेपाल स्वास्थ्य सेवा, प्याथोलोजी समूह, माइक्रोबायोलोजी (ब्याक्ट्रोलोजी) उपसमूह, नवौं (९)

तहको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

neutralization, Western blot, flowcytometry and imunohistochemistry

3.6 Principle, procedure and application of Nucleic acid based diagnostic methods in virology: Nucleic acid hybridization, polymerase chain reaction, microarray and nucleotide, sequencing. Microscopic techniques- Fluorescence, confocal and electron microscopic techniques

3.7 Diagnostic Virology Experiments :

3.7.1 Preparation of media and reagents sterility checking, Glassware decontamination, washing, sterilization

3.7.2 Propagation of viruses; Tissue culture and egg inoculation technique for the isolation of common medically important viruses; Routes of inoculations in embryonated eggs

3.7.3 Preparation of virus stocks; plaque assay and determination of TCID₅₀

3.7.4 Detection of Virus Antigen by ELISA; Immunofluorescence assay; Hemagglutination; Agar gel diffusion; Polymerase chain reaction

3.7.5 Electron microscopy

3.8 Oncogenic viruses

3.9 Role of virus in Tumor production, Papovirus

4. Mycology

4.1 General properties and classification of fungi

4.2 Morphology, pathogenesis and diagnostic laboratory tests for superficial, deep and systemic mycosis

4.3 Classification of medically important fungi and general characteristics of Aspergillus, Candida, Fusarium, Cryptococcus, Histoplasma, Trichophyton, Epidermophyton, Blastomyces, Cryptococcus, Tinea, Microsporium, Coccidioidomyces, Paracoccidioidomyces; Fungal toxins and Allergies,

4.4 Antifungal drugs

4.5 Diagnostic Mycology Experiments :

4.5.1 Laboratory Diagnosis of Fungal diseases: Sample collection and processing for diagnosis of Subcutaneous mycosis, Systemic Mycoses, Opportunistic Mycoses

4.5.2 Preparation of fungal stains and staining techniques

4.5.3 Fungal culture techniques

4.5.4 Isolation and characterization of medically important fungi from clinical specimens and report writing

4.5.5 Isolation and characterization of dimorphic fungi

5. Parasitology

5.1 Study of morphology, important developmental stages, symptoms, pathogenesis, epidemiology, diagnosis, treatment, prevention of following parasites: Entamoeba histolytica, Giardia lamblia, Trichomonas, Ascaris, Ancylostoma duodenale and Necator americanus, Enterobius vermicularis, Trichuris trichiura, Strongyloides, Taenia, Echinococcus, Hymenolepis nana, Brugia, Loa loa, Onchocerca, Dracunculus, Plasmodium, Leishmania, Toxoplasma, Wuchereria

5.2 Diagnostic Parasitology Experiments :

प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

नेपाल स्वास्थ्य सेवा, प्याथोलोजी समूह, माइक्रोबायोलोजी (ब्याक्ट्रोलोजी) उपसमूह, नवौं (९)
तहको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

- 5.2.1 Stool sample collection and processing for observation of parasites by microscopy
- 5.2.2 Occult blot test in the stool sample
- 5.2.3 Stool culture
- 5.2.4 Microscopic observation of Entamoeba, Giardia, Plasmodium, Leishmania, Taenia, Ascaris and other medically important protozoans and helminthic parasites, ova count and report writing
- 5.2.5 Laboratory diagnosis of blood and tissue parasites - preparation of thick and thin smear of blood sample, staining, identification and report writing
- 5.2.6 Routine and special tests done on stool
- 5.2.7 Laboratory diagnosis of blood and tissue parasites

6. Immunology

- 6.1 History of immunology, innate and acquired immunity, mechanisms of innate immunity inflammation-inflammatory cells, mediators, inflammatory response types, antigens, cells and organs of immune system, evolution of immunity
- 6.2 Immunoglobulin: Structure and function; regulation of immune response
- 6.3 Advances in the development of vaccines
- 6.4 Theory of Hypersensitivity reactions, their types, mechanism, examples
- 6.5 Complement system and its roles in disease.
- 6.6 Autoimmune diseases: mechanism of common diseases, principle and procedure for test for autoimmune diseases
- 6.7 Transplantation Immunology: Major histocompatibility complex, their types, genetics, Role of MHC in organ transplant, MHC association with diseases, Principle of transplantation, Graft rejection
- 6.8 Preparation, preservation and titration of complement
- 6.9 Monoclonal and polyclonal antibodies preparation, application in biomedical research, clinical diagnosis and treatment.
- 6.10 Vaccines, their preparation, uses
- 6.11 Diagnostic procedure of common immunological/serological tests
- 6.12 Immunological reaction and their various types. Details about agglutination, precipitation, flocculation, complement fixation, ELISA
- 6.13 Quality control and evaluation of kits used in laboratory
- 6.14 Rapid methods used in immunology
- 6.15 Serodiagnostic methods in clinical microbiology
- 6.16 Immunological methods in clinical laboratories
- 6.17 Immunological methods for disease diagnosis
- 6.18 Immunohaematology – Blood groups, transfusion and Rh incompatibilities
- 6.19 Tumor immunology – Tumor specific Antigens, immune response to tumors, Detection of tumor markers

7. Antimicrobials

- 7.1 Types of antibiotics, Mechanism of action of various antibiotics, spectrum, antibiotic resistance
- 7.2 Antibiotic susceptibility testing by various methods

प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

नेपाल स्वास्थ्य सेवा, प्याथोलोजी समूह, माइक्रोबायोलोजी (ब्याक्ट्रोलोजी) उपसमूह, नवौं (९)
तहको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

8. Molecular Biology

- 8.1 Chromosomes structure, chromosomal abnormalities, mutations and important genetic diseases
- 8.2 Molecular methods used in clinical microbiology for disease diagnosis
- 8.3 Collection , preservation and transport of specimen for molecular testing
- 8.4 Procedure of Karyotyping and other methods of chromosomal analysis in various specimens
- 8.5 Collection , storage and processing of tissues for karyotyping
- 8.6 Recombinant DNA technology: necessary elements.
- 8.7 Separation of DNA and RNA
- 8.8 Application of genetics in medicine
- 8.9 Polymerase chain reaction: principle, types, procedure, uses in medicine
- 8.10 In situ hybridization: principle, types, procedure, uses in medicine, Chromogenic in situ hybridization, silver enhanced in situ hybridization, genomic in situ hybridization
- 8.11 Gel electrophoresis: principle, procedure, uses
- 8.12 Recent advances in molecular biology relevant to medicine
- 8.13 DNA fingerprinting
- 8.14 Radio isotope techniques : radio isotope labelling, autoradiography

9. Systemic Microbiology:

- 9.1 **Respiratory tract infections:** Various Bacterial, viral and fungal infections of respiratory tract. Etiology, transmission, pathogenesis, epidemiology and clinical features and diagnosis of Common cold, Pharyngitis and Tonsillitis, otitis and sinusitis, acute epiglottitis, oral cavity infections, laryngitis, and tracheitis, diphtheria, whooping cough, bronchitis, pneumonia, opportunistic infections, Viral infections
- 9.2 **Urinary tract infections and sexually transmitted diseases :** Various Bacterial, viral and fungal infections of the urinary tract, etiology, pathogenesis, transmission, clinical features and diagnosis of syphilis, gonorrhoea, Chlamydial infections, HIV, bacterial, Vaginitis, genital herpes, papilloma virus infections, opportunistic STDs
- 9.3 **Gastrointestinal tract infections:** Etiology, pathogenesis, clinical features, and diagnosis of diarrhoeal diseases (bacterial and viral). H. pylori infection, food poisoning, parasites in the GI tract
- 9.4 Central nervous system infections: meningitis caused by bacteria, viruses, fungi and protozoa; viral encephalitis, brain abscesses, tetanus, botulism.
- 9.5 **Infections of the skin, ear and eye:** Etiology, transmission, diagnosis and prevention
