

प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

नेपाल स्वास्थ्य सेवा, मेडिकल जनरलिष्ट समूह, नवौं (९) तहको खुला र आन्तरिक
प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

Paper II: Technical Subject

1. MEDICINE

- 1.1. COPD
- 1.2. Pneumonia
- 1.3. Pneumothorax
- 1.4. Pleural effusion
- 1.5. CCF
- 1.6. Hypertension
- 1.7. Diabetes
- 1.8. GI bleeding
- 1.9. Renal failure
- 1.10. Jaundice

2. INFECTIOUS AND TROPICAL DISEASE

- 2.1. Tuberculosis
- 2.2. Malaria
- 2.3. Leprosy
- 2.4. STD & HIV
- 2.5. Covid 19
- 2.6. Dengue fever

3. SURGERY

- 3.1. Head injury
- 3.2. Abdominal pain
- 3.3. Abdominal swelling
- 3.4. Difficulty swallowing / dyspepsia /dysphagia
- 3.5. Vomiting blood
- 3.6. Change in bowel habit / rectal bleeding
- 3.7. Lumps and pain in groin/scrotum
- 3.8. Urinary retention
- 3.9. Haematuria
- 3.10. Breast lumps
- 3.11. Abscess
- 3.12. Burns
- 3.13. Caring for the patient before and after surgery, including fitness
- 3.14. Surgical safety (WHO checklist, minimizing complications, errors, communication and team-working)

4. ORTHOPAEDICS

- 4.1. Fractures and dislocations
- 4.2. Swollen painful joint

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4.3. Trauma

5. **OBSTETRICS / GYNAECOLOGY**

- 5.1. Normal Gestation
- 5.2. Fetal growth and monitoring
- 5.3. Malpresentation
- 5.4. Antenatal & postpartum Hemorrhage
- 5.5. Drugs used during pregnancy, Labour, Post-partum period.
- 5.6. Management of labour
- 5.7. Abortion
- 5.8. Ectopic pregnancy
- 5.9. Hypertensive disorders in pregnancy
- 5.10. Medical disorders in pregnancy
- 5.11. PROM, Poly Hydramnios, Oligo Hydramnios
- 5.12. Retained placenta
- 5.13. Puerperium – Normal / Abnormal
- 5.14. Family planning
- 5.15. Menstrual abnormalities / Menopause
- 5.16. PID
- 5.17. Fibroid uterus

6. **EMERGENCY MEDICINE**

- 6.1. Chain of Survival
- 6.2. BLS/ACLS
- 6.3. Anaphylaxis
- 6.4. Seizure disorder
- 6.5. Altered sensorium/Coma
- 6.6. Abdominal Pain
- 6.7. Haemoptysis
- 6.8. GI bleeding
- 6.9. Chest pain
- 6.10. Diarrhoea /Vomiting
- 6.11. Snake bite
- 6.12. Rabies
- 6.13. Hospital disaster management
- 6.14. Emergency Medical Service (EMS)

7. **PAEDIATRIC**

- 7.1. Paediatric resuscitation
- 7.2. Failure to thrive
- 7.3. Immunization

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- 7.4. Gastroenteritis
- 7.5. Fever
- 7.6. Dentistry in children

8. ENT

- 8.1. Lumps in the neck
- 8.2. Nose bleeds
- 8.3. Pain and Ear discharge
- 8.4. Deafness
- 8.5. Acute airway obstruction in adults and children
- 8.6. Upper airway infection and rhino-sinusitis

9. EYE

- 9.1. Ocular Trauma
- 9.2. Refractive error
- 9.3. Cataract

10. PROCEDURES

- 10.1. CPR
- 10.2. Incision and drainage
- 10.3. Chest tube insertion and maintenance
- 10.4. Abdominal paracentesis
- 10.5. Lumber puncture
- 10.6. Bladder catheterization
- 10.7. Supra pubic cystostomy
